



New Infusion Center Administers Chemotherapy and Comfort

The ongoing MRH&C construction project includes many facility improvements, but perhaps none has been more eagerly anticipated than the new infusion center, which opened in August.

“The communities we serve have long asked for cancer care close to home,” said John J. Ayoub, MRH&C Chief Executive Officer. “We heard you, and we’re thrilled to announce that infused chemotherapy is now available at Mobridge Regional Hospital.”

“Until now, people in our community have had to travel two hours each way or more—to Aberdeen, Bismarck, or Pierre, typically—to get their chemotherapy infusions, or even relocate their living situation” said Katie Rau, RN, MRH&C Outpatient Services and Nurse Procedure Coordinator. “Keeping medical care close to home—with familiar faces and reduced travel expenses—will be a huge asset to our community.”

continued on page 3

CEO Update



John Ayoub, CEO

Letter from John

This edition of our newsletter highlights two exciting steps forward for our hospital and for the communities we serve. We are proud to announce the opening of our new Outpatient Infusion Center, a state-of-the-art space that allows patients to receive advanced treatments, including infused chemotherapy, close to home, without the burden of long travel. We know

that receiving care in familiar surroundings, supported by family and friends, makes a meaningful difference in the healing journey.

We are also pleased to share that one of our exceptional nurse practitioners, Candida Goehring, CNP, has completed advanced training in endocrinology. This additional expertise means patients living with diabetes, thyroid disease, and other complex endocrine conditions now have access to specialty level care right here in our region. This is a unique service for a community of our size, and it reflects both the dedication of our providers and the importance of local access to high quality care.

Together, these developments underscore what I believe is the heart of our hospital: talented and caring professionals who are deeply committed to serving our friends, family, and neighbors. From our frontline caregivers to our support staff, everyone plays a role in making sure patients feel cared for—not just as medical cases, but as important and whole people.

As we continue to grow and evolve, our mission remains the same: to provide high quality healthcare services in a compassionate and professional manner for people throughout the region. It is an honor to serve you.

John J. Ayoub, FACHE, Chief Executive Officer
Mobridge Regional Hospital & Clinics

Mobridge Regional Hospital & Clinics

Mobridge Regional Hospital
1401 10th Avenue West, Mobridge, SD
605-845-3692

Mobridge Medical Clinic
1309 10th Avenue West, Mobridge, SD
605-845-3692

Prairie Sunset Village – Assisted Living
and Senior Housing
1320 West Grand Crossing
Mobridge, SD
605-845-8193

Selby Medical Clinic
4401 Main St, Selby, SD
605-649-9999

West Dakota Health Center
906 Main Street, Timber Lake, SD
605-865-3258 (MT)

West River Health Clinic
103 1st Avenue East, McLaughlin, SD
605-823-4253 (MT)

Nurse Practitioner Provides Endocrinology Care in Mobridge, McLaughlin, Timber Lake

Candida Goehring has been with MRH&C since 1993—first as a Nursing Assistant, then an RN, then a Certified Nurse Practitioner. She has a particular interest in diabetes care and started our diabetic education program years ago.



About 12% of Americans have been diagnosed with diabetes, plus 38% of adults have prediabetes, as do 33% of adolescents. But with good medical care and patient engagement, diabetes can be effectively controlled, preventing serious complications.

Fast forward to 2024. When Candida learned that Mount Marty University offered a postgraduate endocrinology certificate program for nurse practitioners, she knew this would be a great opportunity to build on her existing knowledge and provide specialized care locally. Endocrinology is the branch of medicine that focuses on conditions of the endocrine system, including diabetes, thyroid disorders, adrenal gland disorders, and polycystic ovary syndrome. She completed the program in December of 2024.

“Being in a rural area, the access to specialty clinicians is limited,” she said. “Endocrinology is definitely a needed area of healthcare, and advancing education for nurse practitioners helps fill this gap.”

In addition to providing general primary care, Candida sees patients with endocrine problems at Mobridge Medical Clinic on the third Thursday of the month and at West River Health Clinic, in McLaughlin, on the last Wednesday of each month. At West Dakota Health Center, in Timber Lake, she sees patients with endocrine problems by appointment.

New Infusion Center Administers Chemotherapy and Comfort *continued from the cover*

MRH&C has provided many types of infusions for decades, but chemotherapies, specialty biologics, and select other infused treatments require on-site sterile compounding. We incorporated the specialty equipment needed for compounding into our new pharmacy—adjacent to the infusion center and also recently completed—allowing our specially trained pharmacists to safely and accurately prepare these medications.

How It Works

If your oncologist prescribes infused chemotherapy, you will typically receive your first treatment in an infusion center near the physician. This ensures that any unforeseen reactions can be closely monitored and dosages or drugs adjusted under their immediate supervision.

Once your chemotherapy protocol is stable and underway, you may receive the remaining infusions at MRH&C based on your oncology order (with the limited exception of certain therapy regimens and clinical trials that can't be administered at a rural chemotherapy partner site). Simply request your orders be faxed to our infusion center, and our team will coordinate with our pharmacy, your oncologist, and your insurance. Then our infusion center scheduler will call you to arrange your appointments.

Four of our registered nurses have completed their Oncology Nurses Society training and will be administering chemotherapy. We already have more than 220 patients who receive services through Mobridge Infusion Center.

“There’s strong demand for local chemotherapy administration, and we’ve received many questions regarding our new infusion center,” Rau said. “We look forward to meeting the needs of our community even better.”



At the new infusion center’s nursing station, Charlie Tisdall, Pharm.D., Katie Rau, RN, and Terri Koch review a patient chart prior to treatment.

Facilities for Comfortable Care

The MRH&C infusion center was designed with patient comfort in mind.

There are two exam rooms, for private conversations and intimate injections, and five infusion bays. Between the bays are opaque glass sliders that can be pulled forward to provide privacy if desired.

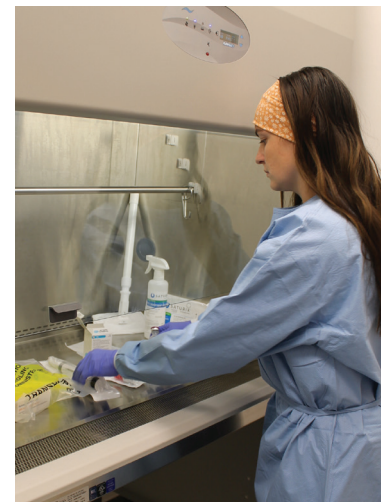
At the front of each bay is

a large window to the outdoors, with blackout curtains that can be drawn closed for patients who prefer darkness. Each bay also contains a reclining chair, two guest chairs, a television with DirecTV, and dimmable lights.

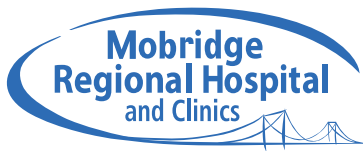
The infusion center also features a central nursing station and its own bathroom for patients and guests.

“It truly is a beautiful unit,” Rau said. “We take wonderful care of our infusion patients, not only ensuring professional, compassionate, safe treatment but making sure they’re comfortable, too. Patients are sometimes here for hours, and we’re happy to offer them warm blankets, a meal if they so choose, or anything to make their stay here with us better.”

“This hits close to home for me as my brother recently went through chemotherapy and had to travel several hours multiple times a week during treatment weeks,” said Dr. Lee Cordell, Director of Pharmacy. “Being able to offer this locally in a community this size is amazing and speaks volumes about the organization that is willing to do everything it can to provide enhanced care to local residents.”



MRH Pharmacist Charlie Tisdall works under the negative pressure hood—used for safely compounding hazardous drugs such as chemotherapy—to prepare an infusion treatment.



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UPCOMING EVENTS & CLASSES



Healthcare Provider CPR Class

November 3, December 1
1 - 3 p.m.

Dr. Ben and Audrey Henderson
Conference Room



Heartsavers CPR & AED Class

November 10, December 15
1 - 4 p.m.

Dr. Ben and Audrey Henderson
Conference Room

Call 605-845-8163 to register.



Blood Drive

Tuesday, November 18
12:15 - 5:45 p.m. • Family Worship Center



Senior Yoga

Mondays and Thursdays
10:30 - 11:00 a.m.



Senior Strength & Balance for Life

Tuesdays and Fridays
10:30 - 11:15 a.m.

Free classes are held at Mobridge Senior
Citizen Center. Class times and schedule
are subject to change.



MRH Auxiliary Fall Festival and Bazaar

Saturday, November 1
9 a.m. - 2 p.m.
Scherr Howe Arena

Mission

The mission of Mobridge Regional Hospital & Clinics is to provide high quality healthcare services in a compassionate and professional manner for people throughout the region.

Vision

Become one of America's finest rural healthcare providers.

Values

Integrity

Compassion

Collaboration

Excellence

www.mobridgehospital.org www.facebook.com/MobridgeRegionalHospital

Mobridge Regional Hospital & Clinics does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, religion, color, national origin, gender, sexual orientation, age, military status, disability, genetic information, ability to pay, or on any other basis that would be in violation of any applicable federal, state, or local law. For a full non-discrimination statement, visit: mobridgehospital.org/patients-and-visitors/pay-a-bill/non-discrimination-and-privacy-policy.