

## Emergency Department at the Ready to Provide Expert Care



Our highly competent and compassionate staff is ready to take care of you in case of an emergency.

Count yourself lucky to have a well-equipped, high-quality emergency department near your home. As rural hospitals close around the nation, millions of Americans are left in what's called a "hospital desert"—living more than 30 miles from a hospital with emergency care, according to a 2017 study by the Centers for Medicare and Medicaid Services (CMS). Since MRH&C is the only hospital with a trauma center within a couple hours' drive, emergency department (ED) staff are used to handling thousands of emergencies each year.

### Only Major Trauma Center Within 100 Miles

"We are the only major trauma center within 100 miles in three directions, and 250 miles in the fourth direction," said Dr. Robert Marciano, medical director of MRH&C's emergency department.

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### MRH&C ED By the Numbers, 2017

**5740**

Total ambulance, traumas, ED visits

**96.1%**

Cared for in house, without transfer

## MRH&C Welcomes Mayo Clinic General Surgeon



New equipment in the operating room makes for better visualization.

Thanks to bad weather in February, there's a new surgeon in town. Dr. Donald Lucek was traveling through the area when a 3-day blizzard hit, stranding him in Mobridge. To fill time, he decided to visit the hospital—his old stomping grounds from 1996 to 2000—before he took a prestigious post with the Mayo Clinic in Rochester, MN for 17 years.

*"I've performed more than 25,000 surgical procedures in my career, so I have a lot of experience to fall back on, with little room for surprises."*

— Dr. Donald Lucek, MRH&C General Surgeon

"I call it the Lucky Blizzard. Had it not been for that blizzard, I wouldn't have visited with John Ayoub and learned they may be looking for a surgeon," said Dr. Lucek.

As a child, Dr. Lucek dreamed of becoming a doctor in a small town. With his wife's encouragement, he worked his way through college and

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# CEO Update

## Committed to Serving You



John Ayoub, CEO

Mobridge Regional Hospital and Clinics is dedicated to providing you and your family the highest quality care and preventative services to help you meet or exceed your health status goals. We provide a large number of care offerings with a robust breadth and depth of health care services available locally. Our competent and compassionate staff offer inpatient and outpatient medical, surgical, and obstetrical care. Last year, the staff and Medical Staff at MRH&C provided over 80,000 local care interactions with patients. These

include clinic visits, ambulance, surgical, laboratory, obstetrical, emergency room, and diagnostic imaging services as well as physical, occupational, and cardiac rehabilitation therapy services. We also provide access to visiting specialty providers, telemedicine access, and some home care services.

We strive to provide all the care that you will ever need, but recognize that in order to stay successful and viable in the long-term, we cannot provide all things to all people. Therefore, when you or a loved one requires care that we cannot safely or efficiently provide locally, we have linkages to other high quality healthcare providers in larger facilities. As you can see from the statistics located on the front page, this represents a very low percentage of the overall care of patients that come through our doors. Our vision is to become one of America's finest rural health providers and we're making great strides to fulfill that vision. Please do not hesitate to contact our staff to determine if the care you need is available here locally; you might be surprised at what you find!

John J. Ayoub, FACHE, Chief Executive Officer  
Mobridge Regional Hospital & Clinics

## WELCOME Emily (Reinbold) Boden, MD!



Lifelong Timber Lake, SD resident Emily Boden returns home to practice medicine! We're pleased to have her familiar face and expertise at Mobridge Medical Clinic where she will be providing primary medical care and obstetric services. Dr. Boden starts in October.

## Mobridge Regional Hospital & Clinics

Mobridge Regional Hospital  
1401 10th Avenue West  
Mobridge, SD  
(605) 845-3692

Mobridge Medical Clinic  
1309 10th Avenue West  
Mobridge, SD  
(605) 845-3692

Prairie Sunset Village – Assisted Living and Senior Housing  
1320 West Grand Crossing  
Mobridge, SD  
(605) 845-8193

West Dakota Health Center  
906 Main Street  
Timber Lake, SD  
(605) 865-3258 (MT)

West River Health Clinic  
103 1st Avenue East  
McLaughlin, SD  
(605) 823-4253

## General Surgeries Offered at MRH&C

- Appendectomy
- Breast surgery
- Bowel surgery/hemicolectomy
- Colonoscopy and endoscopy procedures
- Colostomy closure
- Gallbladder repair/removal
- Hemorrhoid surgery/stapling
- Hernia repair
- Laparoscopy for diagnostics and treatment
- Node biopsy
- Port placement
- Thyroid gland surgery
- Wound debridement

*Note: This is not an exhaustive list of surgeries performed at MRH&C.*

## Emergency Department at the Ready to Provide Expert Care *continued from the cover*

Most trauma and emergency cases can be cared for right here at home. On rare occasions (less than 4% of the time) a patient needs advanced specialty care and needs to be transferred out. When this happens, the hospital calls on a fixed wing plane, helicopter, or ambulance to quickly transport patients to Bismarck, Fargo, Aberdeen, or Minneapolis.



Four MRH&C ambulances and a large EMS team are at the ready 24/7.

**“Our patients are not just patients, they are literally friends, neighbors, and relatives of someone on our team. That’s why we take our job of providing excellent care very seriously.”**

– Dr. Robert Marciano

### Trauma Certified Physicians & Nurses

Mobridge attracts top doctors who want to practice in a beautiful, rural setting. All five physicians in the emergency department are board certified, and all have been certified by

the American College of Surgeons in Advanced Trauma Life Support (ATLS).

“In addition, all of our nurses in the emergency department are trauma certified. We are also proficient in specialty areas including obstetrics and pediatrics,” said Chloe Stulken, MSN, RN-BC, ED Supervisor and Trauma Coordinator for MRH&C.

### Hospital-based EMS Team

Most small, rural hospitals do not see near the volume that MRH&C sees of trauma cases each year, making them extra efficient and responsive. To ensure quality, the ED and ambulance teams continually train and receive education on leading-edge treatment protocols.

“Since we are hospital based, we have good communication with the emergency department providers who trust us and our knowledge to provide great medical care,” concluded Chuck Hanson, EMS Director.

## MRH&C Welcomes Mayo Clinic General Surgeon *continued from the cover*

medical school at University of Illinois and completed his residency at Boston University. From there, he started a private practice in Boston and was president of the medical staff at Milton hospital where he oversaw 123 surgeons. He gained quite a reputation and was sought out by the rich and famous—including a Secretary of State and one of the 10 wealthiest men in America.

After years of practicing in Boston, he realized something was missing—his dream of being a small town doctor—and that’s when he came to Mobridge the first time. He fell in love with the area and the people.

“After retiring last October, I realized I wasn’t ready to stop. I was missing all the satisfaction of doing surgery,” he added.



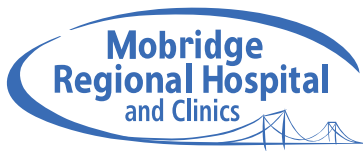
Dr. Donald Lucek

Dr. Lucek is a very driven man, who is constantly exploring the latest breakthroughs. He completed a fellowship in patient safety, visited Canada’s world renowned Shouldice Hernia Hospital to learn their successful approach, and completed a colorectal clinic at the Mayo Clinic.

“I get excellent results, but I still want to do better and learn from the best,” Dr. Lucek said.

Dr. Lucek believes MRH&C has a better set up for operations than most bigger city hospitals. The hospital recently purchased brand new equipment to perform laparoscopic surgeries including a high definition (think 4k vs 1020HD) camera and scope. MRH&C is happy to have Dr. Lucek return to Mobridge.





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Upcoming Events & Classes

## Relay for Life Cancer Walk

**July 27, 5 pm start**  
Mobridge Tiger Stadium  
Proceeds go to the American Cancer Society.

## Exercise Classes for Seniors

**Strength and Balance for Life**  
Tuesdays and Fridays, 11 - 11:40 am

**Senior Yoga**  
Mondays and Thursdays, 11 - 11:30 am

Mobridge Senior Citizen Center  
616 6th Avenue West  
(970) 580-5249  
All adults welcome, free of charge.



## Sports Physicals

**July 31, Middle School Students**  
**August 1, High School Students**

Mandatory health education group session. Forms at [mobridge-pollock.k12.sd.us](http://mobridge-pollock.k12.sd.us) or call (605) 845-3692.



**FREE, no appointment necessary**

## Concussions and Fall Sports

With the start of fall sports, it's important to be aware of the signs of concussion. Symptoms of a concussion include headache, confusion, trouble focusing, balance problems, heightened emotions, nausea, vomiting, and light or noise sensitivity immediately after impact and even 24 hours or more later.



Heather Olson, PA-C, CIC

"If your child receives a hard impact, it's best to pull them from the game and have them evaluated to prevent further injury," said Heather Olson, PA-C, CIC, certified concussion specialist with MRH&C.

Olson performs baseline testing before the sports season begins on student athletes at area schools, including Mobridge, Timber Lake, and McLaughlin. If concussion is suspected during the season, she evaluates students using the ImpACT tool, among others. For more information or to schedule an appointment with Heather, call (605) 845-3692.

*Mobridge Regional Hospital & Clinics does not exclude, deny benefits to, or otherwise discriminate against any person on the basis of race, religion, color, national origin, gender, sexual orientation, age, military status, disability, genetic information, ability to pay, or on any other basis that would be in violation of any applicable federal, state, or local law. For a full non-discrimination statement, visit: [mobridgehospital.org/patients-and-visitors/pay-a-bill/non-discrimination-and-privacy-policy](http://mobridgehospital.org/patients-and-visitors/pay-a-bill/non-discrimination-and-privacy-policy).*